

# BOW DRAW WEIGHT

## Adjusted Weight Chart

**For proper spine selection it is CRITICAL that you determine your adjusted bow draw weight before going to the selection shaft charts.**

	Bow Draw Weight 59.9 lbs. or under	Bow Draw Weight 60 lbs. or over	Calculated Draw Weight
1. Measured Draw Peak Weight	-----	-----	= _____
2. Round Wheel	0	0	
Modified Cam	+5	+7	
High-Energy Cam	+6	+8	= _____
3. 65% - 80% Let-Off	-4	-5	
50% Let-Off	0	0	
Recurve	-4	-7	
Longbow	-10	-15	= _____
4. Glue-In Target Points 60-79 grains	-9	-9	
Glue-In Target Points 80-99 grains	-7	-7	
Glue-In Target Points 100 grains	-6	-6	
Glue-In Target Points 110-120 grains	-5	-5	
Glue-In Target Points 145 grains	-4	-4	
Insert & 70-79 grains Screw-In Point	-9	-9	
Insert & 80-99 grains Screw-In Point	-8	-8	
Insert & 100 grains Screw-In Point	-7	-7	
Insert & 125 grains Screw-In Point	-6	-6	
Insert & 145 grains Screw-In Point	-5	-5	= _____
5. Arrow Length 25.9" or less	-2	-2	
Arrow Length 26" to 27.9"	+1	+1	
Arrow Length 28"	+2	+3	= _____
6. Finger Release	+3	+6	= _____
7. If the bow's speed rating exceeds:	AMO	IBO	
	240 FPS	300 FPS	+2      +3
	245 FPS	306 FPS	+3      +4
	250 FPS	313 FPS	+4      +5
	255 FPS	319 FPS	+7      +8
	260 FPS	325 FPS	+9      +10
	270 FPS	335 FPS	+11     +12
	280 FPS	345 FPS	+13     +14
	290 FPS	360 FPS	+15     +16
			= _____

Adjusted Bow Draw Weight =